

AUTUMN MENU 2024

W/C
2/9
23/9
14/10

Chicken Enchiladas {1,9}
Vegetable Enchiladas {1,9}
Mexican Rice
Sweetcorn

Chocolate and Pear
Cake {1,7,9}

Sausage Roll {1,14}
Vegetable Sausage
Roll {1}
BBQ Bites
Peas Green Beans

Fruit Crumble {1}
Cream {9}

Roast Gammon
Milty Mushroom
Puff {1,9}
Roast Potatoes
Seasonal Vegetables
Gravy
Cheese and Biscuits
{1,9}

Singapore Noodles
Vegan Singapore
Noodles
Prawn Crackers
{2}

Fruity Flapjack

Fish Fingers :{1}
Mozzarella Fingers
{1,9}
Chips
Peas

Ice Cream {9}

W/C
9/9
30/9
21/10

Beef Burritos {1,9}
Vegetable and Grain
Burritos {1,9}
Rice Salsa Cheese {9}
Salad

Oat and Raisin Cookie
{1,9}

PASTA CLUB
Mac'n'Cheese {1,9}
Pasta Carbonara {1,9}
Tomato and Basil {1,9}
Garlic Bread {1,9}

Apple Pie and Custard
{1,9}

Roast Pork
Vegetable Wellington {1}
Roast Potatoes
Seasonal Vegetables
Cauliflower Cheese {1,9}
Gravy

Fruit salad

Butter Chicken {9}
Sweet Potato and
Lentil Curry {9}
Rice
Naan Bread {1,9}

St Clements Shortbread
{1,9}

Hot Dog {1.14}
Red Onion and
Rosemary Hot Dog {1,8}
Chips
Baked Beans

Iced Sprinkle Cake
{1,7,9}

W/C
16/9
7/10

PIZZA CLUB
Margherita Pizza {1,9}
Pepperoni Pizza {1,9}
Potato Wedges
Carrot and Cucumber

Waffles with Fruit
{1,7,9}

Pulled Pork Chilli
Chunky Vegetable and
3 Bean Chilli
50/50 Rice
Winter Slaw

Raspberry and Apple
Cake{1,7,9}

Toad in The Hole {1,7,9}
Veggie Toad in the Hole
{1,7,9}
Mashed Potato {9}
Seasonal Vegetables
Gravy

Fruit Jelly

Beef Lasagne {1,9}
Quorn Lasagne {1,9}
Garlic Bread {1,9}
Salad

Blueberry and Orange
Traybake Pancake :{1,7,9}

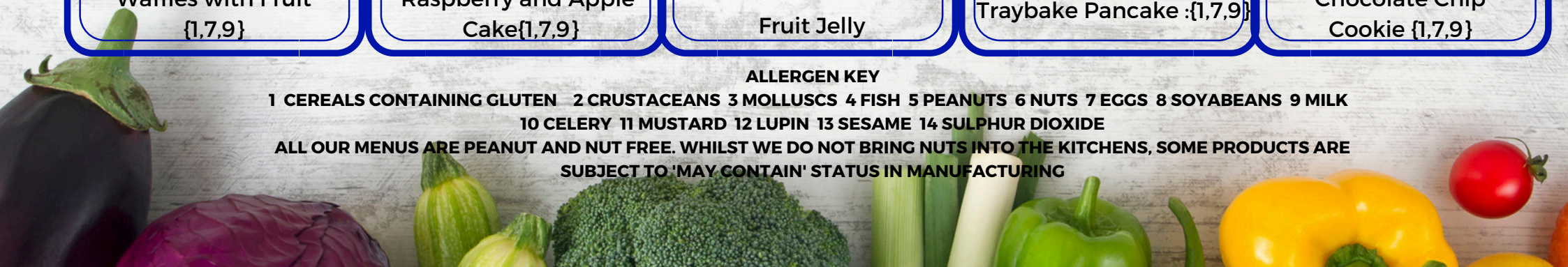
Chicken Nuggets {1}
Salmon Fishcake {1,4}
Vegetable Nuggets {1}
Chips
Sweetcorn

Chocolate Chip
Cookie {1,7,9}

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN 2 CRUSTACEANS 3 MOLLUSCS 4 FISH 5 PEANUTS 6 NUTS 7 EGGS 8 SOYABEANS 9 MILK
10 CELERY 11 MUSTARD 12 LUPIN 13 SESAME 14 SULPHUR DIOXIDE

ALL OUR MENUS ARE PEANUT AND NUT FREE. WHILST WE DO NOT BRING NUTS INTO THE KITCHENS, SOME PRODUCTS ARE
SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING



ABOUT US

A BUSINESS BUILT FROM A LOVE AND PASSION OF WANTING TO IMPROVE THE QUALITY AND EXPERIENCE OF NOTORIOUSLY POOR SCHOOL LUNCHES. EMMA AND HER TEAM STRIVE TO PROVIDE THE VERY BEST IN SCHOOL DINNERS

All our food is made from scratch on site
Our menus exceed the current Government School Food Plan

Jacket potatoes with a choice of fillings are available every day
We actively encourage children to try new flavours.

Every day the Salad Bar will be open for the children to enjoy their favourite vegetables and also try new and exciting flavours!

Fresh white and wholemeal bread is cooked on site daily, and yoghurts and fresh fruit are available daily

Free School Meals
All pupils in reception, year 1 and year 2 are entitled to free school meals!

We currently cater for Gluten Free and Dairy Free Children. We also offer desserts that are dairy and gluten free Please contact us to discuss any dietary requirements your child may have. Please email emma@emmasktichenco.com

We are recruiting!
We are looking for people to come and join the team. For more information please email alex@emmaskitchen.co.uk

