

DISTRICT SPORTS LOCKDOWN

Minute to Win it

Week 1 : (15 June) - Walk or run. How many minutes of activity can you do?



Week 2 : (22 June) - How many skips in a minute?



Week 3 : (29 June) - Wheels— bike/scooter/rollerboots. How many minutes of activity can you do?



Week 4 : (6 July) - Around the world. Pass a ball around your waist ... how many times can you do it in a minute?



The whole family can take part in this year's District Sports event!

Results will be announced on 20 July 2020.

To enter: Send your surname, school name and results to:
Sportspartnership@knoleacademy.org,

For more information, visit the Sports Partnership section of the Knole Academy website:

<https://www.knoleacademy.org/490/knole-sports-partnership-10>

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