

Penshurst CE Primary School	
P.E. Policy	
Date of Policy	October 2021
Review Date	2022/23

Intention

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

At Penshurst CE Primary School, we aim to provide children with of opportunities across a wide range of sports and activities, both in taught lessons and in extra-curricular clubs and activities. The opportunities provided and the skills they develop allow children to become more confident and healthier individuals, as well as giving them new experiences, as set out in the National Curriculum, including:

- Developing competence to excel in a broad range of physical activities
- Being physically active for sustained periods of time
- Engaging in competitive sports and activities
- Be encouraged to lead healthy, active lives

Scope of P.E.

At Penshurst CE Primary School, children are offered a wide range of sports, games and activities across the curriculum, including basketball, athletics, football, dance, gymnastics, cricket, rounders and swimming. Due to our membership with the Tunbridge and West Kent School Sports Partnership (TWKSSP), we have expert provision provided by coaches. We are very lucky to have access to swimming facilities at a local secondary school, where children are given expert instruction in developing their swimming and water skills.

At Penshurst CE Primary School, we believe it is vital for children, in their development as individuals, to believe in and enjoy being healthy, active individuals, as well as learning a range of sports and games in both friendly and competitive environments. We want children to enjoy playing sports and games, to develop skills not just specific for these activities but skills that will help them across the curriculum and their wider lives and experiences. These skills include teamwork, problem solving, using their initiative, and understanding that by practising skills they will improve them.

Implementation

At Penshurst CE Primary School, we are signed up to the Tunbridge and West Kent School Sports Partnership (TWKSSP), which provides specialist and expertly provided P.E. provision, CPD opportunities for staff and a range of extra-curricular activities for children to take part in. Children take part in weekly P.E. lessons on a variety of sports and activities throughout the year. They also attend swimming lessons, at Holmewood School’s state-of-the-art swimming facilities. The school is signed up for the Daily Mile, a national initiative to encourage children to be more active; children complete laps of the school field daily.

Impact

We consider accurate and focused assessment as the cornerstone of high-quality teaching. It allows learning to be planned and taught accurately as well as meeting the needs of the children and ensuring high levels of expectation and support.

The culture at Penshurst CE Primary School is one of continually using what we know to move on children’s learning. This formative assessment happens regularly and may not necessarily be recorded. In P.E., children’s exposure to different sports and the development of a variety of skills is the key to building confidence and enjoyment. Giving children the opportunities to discover new areas of enjoyment

is vital, using skills developed throughout the curriculum to broaden their minds and supporting children to develop not just physically, but their mental wellbeing too.

Successful Teaching, Learning and Assessment In (Subject)

- Teachers and other staff have a secure understanding of the age group they are working with and have relevant subject knowledge that is detailed and communicated well to pupils
- Assessment information is used to plan appropriate teaching and learning strategies, including to identify pupils who are falling behind in their learning or who need additional support, enabling all pupils to make good progress and achieve well
- Work is differentiated, demanding, challenging but also enjoyable for all pupils
- Children demonstrate the characteristics of effective learning and positive learning behaviours
- Well-being and involvement in learning are high
- Progress in children's confidence and skills in a variety of sports and activities is high.
- Achievement is high overall and ensures that the school meets government baseline standards.

Pupils with SEND / Additional Needs

The PE curriculum is adapted or differentiated to support the needs of all pupils. We appropriate human or physical adaptations are made. Pupils with Personalised Support Plans have their needs clearly identified so teachers can make the necessary changes / adaptations.